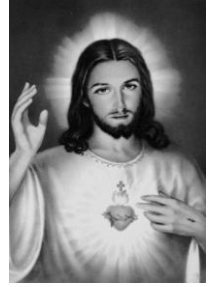


Order of Confession

1. Make the sign of the cross.
2. Say: "Bless me father, for I have sinned. It has been _____ since my last confession."
3. Confess your sins.
4. Father may have some advice to offer.
5. Then he will give you your penance and ask you to say the Act of Contrition at which time he will give you absolution.
6. Make the sign of the cross when the priest gives the forgiveness of sins.



Act of Contrition

My God, I am sorry for my sins with all my heart.

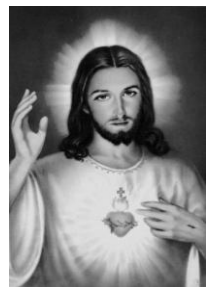
In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things.

I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Amen.

Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy.

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